

# GLOBE INN RYE. FREE TO TRADE

CHOOSE FROM A SELECTION OF PASTRIES, JAMS,  
MARMALADES, GRANOLA & GREEK YOGHURT

Toast & Jam

Pastries

Greek Yoghurt, Granola, banana, honey

## FROM THE KITCHEN

A HEARTY ONE PAN RYE BREAKFAST free-range egg, 2 smoked bacon, 2 pork sausage, black pudding, field mushroom, roasted tomato & Baked Beans grilled bread

VEGETARIAN BREAKFAST free-range hens egg, wilted spinach, grilled halloumi, avocado, grilled tomato, field mushroom & toast

MUSHROOMS ON TOAST wilted spinach & poached hens egg's

EARLY BREAKFAST BURGER bacon, tomato, onion, cheese, fried egg in brioche Bun

AVOCADO ON TOAST

Tomato & wilted spinach

feta & pumpkin seeds

bacon & poached hens egg

FREE RANGE EGGS ON TOAST

Poached hens eggs

Scrambled eggs

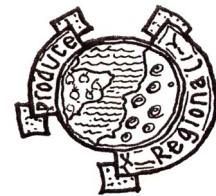
Fried eggs



FOR A LITTLE MORE PTO

IF YOU WOULD LIKE TO KNOW MORE ABOUT OUR LARDER AND THE INGREDIENTS IN EACH AND EVERY DISH PLEASE DO ASK.  
THERE ARE NUTS IN OUR KITCHEN AND THEY ARE NOT ALL CHEFS. WE WANT TO MAKE SURE YOU ENJOY ALL THAT WE DO  
SO IF YOU ARE CONCERNED BY ALLERGIES TELL US

CELEBRATE THE MARSH + SEA



# From the cup



Americano, Cappuccino, flat white, latte

Or with Oat Milk

Hot Chocolate

Espresso single or double

Tea choice of English breakfast, Earl grey, Fruit, Mint, Decaffeinated

MANGO, KALE - Spinach Smoothie

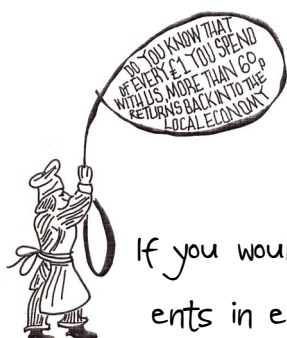
MIXED BERRY- passion fruit Smoothie

BOOZY SMOOTHIE - Pineapple, tequila, mint

BLOODY MARY - Rosemary and chili infused double shot vodka, spicy Mary mix

# From the heart

We source prepare cook and pour almost entirely from local food and drink producers, that way we can be quite sure that sources are sustainable, humane and traceable right down to the, boat, field, farm, herd, or flock, and when shopping further afield we do our utmost to be quite sure that our trade is with fair and like minded good people, wherever they might be. Finally for all of our endeavor's only you bring us to life and we will never forget that, so THANK YOU once again from each and every one of us!



# Thank you

If you would like to know more about our larder and the ingredients in each and every dish please do ask. There are nuts in our kitchen and they are not all chefs. We want to make sure you enjoy all that we do so if you are concerned by allergies tell

us

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